



4-H Is for You!

All Kids Can Join 4-H!

Boys and girls in grades K-13 (one year out of high school) in all counties in the United States who live in cities, suburbs, towns or rural areas can join 4-H.

4-H Means Being Active

- ▶ hands-on learning
- ▶ participating in county, regional, state and national events
- ▶ club activities, camps, special interest programs, summer enrichment programs and more

4-H Has Lots of Projects

Foods & Nutrition	Dog Care & Training	Robotics
Citizenship	Woodworking	Sewing
Health & Fitness	Entomology	Horse
Double Dutch	Rocketry	Babysitting
Public Speaking	Theater Arts	Leadership
Creative Arts	Rabbits & Small Animals	
Herpetology	Entrepreneurship	
Science, Engineering & Technology		

4-H Youth...

- ...are cared about and feel a sense of BELONGING (Heart)
- ...influence people and events through decision-making and action-experiencing INDEPENDENCE (Head)
- ...learn skills to make positive career and life choices – a sense of MASTERY (Health)
- ...learn that helping others through community service is important –experiencing GENEROSITY (Hands)

For more information, contact

4-H Center
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